

Sweet Gains Terms of Service

1. Introduction

2. Welcome to Sweet Gains! By using our website and services, you agree to these Terms of Service. If you disagree, please do not use our services.

3. Eligibility

4. Our services are for individuals aged 18 and older. By using them, you confirm your eligibility.

5. Services Provided

- Personalized training and nutrition plans
- Competition preparation for athletes, including IFBB events
- Lifestyle coaching and fitness guidance

6. *Disclaimer: Results may vary based on adherence and individual conditions.*

7. Contact Information

- **Company Name:** Sweet Gains
- **Business ID:** 3481836-1
- **Address:** hallainvuorentie 5B 10 Helsinki 00920
- **Phone:** 0449858522
- **Email:** teamsweetgains.coaching@gmail.com

8. Payment Terms

9. Payments are required in advance and are non-refundable. Payments are processed via Paytrail Plc, our payment service provider.

10. Paytrail Plc Contact Information:

- Innova 2, Lutakonaukio 7, 40100 Jyväskylä
- Phone: +358 207 181 830
- Business ID: 2122839-7

11. Terms of Delivery and Refunds

- **Delivery Times and Fees:** Provided at checkout.
- **Right to Cancel:** Within 14 days if no personalized service is delivered.
- **Refund Policy:** Applicable refunds are processed to the original payment method.

12. User Obligations

13. Users must provide accurate health and fitness information, follow plans, and report health changes. Sweet Gains is not liable for injuries due to misinformation.

14. Competition Clause

15. Athletes must adhere to IFBB and Suomen Fitness Urheilu rules. Positive tests for banned substances result in service termination and a potential €5,000 fine.

16. Privacy Policy

17. Our Privacy Policy outlines data collection and use. By agreeing to these Terms, you consent to our data practices.
18. **Intellectual Property**
19. All content is owned by Sweet Gains and cannot be shared without consent.
20. **Limitation of Liability**
21. Sweet Gains is not responsible for injuries, illnesses, or dissatisfaction with results.
22. **Termination of Services**
23. Services may be terminated for violating Terms, late payments, or disrespectful behavior.
24. **Governing Law**
25. These Terms are governed by Finnish law, with disputes resolved in Finnish courts.
26. **Updates to Terms**
27. Sweet Gains may modify these Terms at any time. Updates will be posted online and significant changes communicated directly to clients.

Last Updated: 04/12/2024